



INSIDE OUR SPRING 2016 NEWSLETTER:

- Celebrating 45 Years!!
- Latham Centers Gets a New Dormitory
- Featured Employee: Jeff Sidell
- Painting Trends
- Building and Remodeling Trends
- Roll the Rock - Thank You



www.houzz.com/pro/capeassociates



@capeassociates



www.facebook.com/CapeAssociatesInc



Quarterly Newsletter

Volume 15, Issue 2

SPRING 2016

IN THIS ISSUE

1 Featured Project:
Latham Centers Gets a New Dormitory in Brewster

Celebrating 45 Years in Business!

2 Employee Birthdays

Featured Employee:
Jeff Siddell, Services Foreman

Building and Remodeling Trend - Barn Doors

3 Painting Trend - Paint Life Back into Your Deck

Employee Anniversaries

4 Roll The Rock - We Would Like to Thank...

Latham Centers Gets a New Dormitory

Currently in progress in Brewster



Latham Centers provides innovative treatment and support services for intellectually disabled children and adults, and for individuals living with Prader-Willi Syndrome (PWS). Since 1970, Latham Centers has been working together with students, residents, their families, and a dedicated staff to bring hope and change to young people and adults who face tough challenges. Throughout the last 46 years, Latham Centers has seen remarkable growth as their capabilities expand and the need for their services increases. In 2015, Latham hired architectural firm OMR Architects to design an 11,000 square foot dormitory.

A large percentage of students and adult residents who call Latham Centers home are challenged by PWS – a serious, random, and incurable genetic disorder that manifests many serious physical, cognitive and developmental issues. In addition to PWS, Latham provides care to children and adults with multiple diagnoses, which can include Asperger's Syndrome, Autism and Reactive Attachment Disorder. Because of its innovative programs and dedicated staff, Latham is the leading school in North America that specializes in the treatment of Prader-Willi Syndrome. To learn more about this organization please visit lathamcenters.org.

In August of 2015, Cape Associates broke ground and began work on the accessible facility that includes 22 dorm rooms, 9 bathrooms, 4 living rooms, a study, a dining room, a student learning kitchen, 2 staff areas and a 3-stop elevator. With a substantial completion date forecast for July of this year, the Latham Centers campus is seeing rapid transformation.



Architect Rendering

45 Incredible Years!

This year we are incredibly lucky to celebrate 45 years in business! We could not have done it without the support of this extraordinary local community and our terrifically loyal customers and employees. Thank you all for these last 45 years and we look forward to providing your building, remodeling painting and property management services in the future!



Circa 1977

PROJECT TEAM

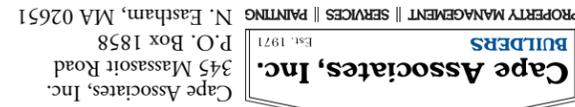
Project Manager:

Melissa Langford

Foreman: Ken Martin

Architect: OMR Architects

Go Green! If you would like our Newsletter e-mailed to you please contact abarenwald@capeassociates.com



Thank you for your generous support!

On April 1st, The Cape Associates Turkey Hunters participated in Roll the Rock, a bowling tournament hosted by Cape Cod Charitable FunRaisers, Inc. Cape Associates would like to thank those who generously supported our team by donating funds to the event and to this year's beneficiaries. **THANK YOU!**

Funds raised went directly to the support of these worthy organizations on Cape Cod:

- Cape & Islands United Way
- Hope Hospice, Cape Cod
- Champ Homes
- Hyannis Kiwanis
- Latham Centers
- Habitat for Humanity Cape Cod
- Spaulding Rehabilitation
- Lyme Awareness of Cape Cod



Cape Associates Turkey Hunters: Maggie Van Sickle, Andrea Baerenwald, April Ducott, Lance Stanley

- Relco Electrical Contractors
- Associated Elevator Companies
- E-Z-Doze-It Excavating
- A1A Steel
- Zero Energy Design
- Jon R. Fuller Locksmith
- Sandwich Fireplace
- South Shore Generator
- Judd Berg & Sons Chimney Sweeps

EMPLOYEE BIRTHDAYS

APRIL

- 1st – Joe Clark
- 2nd – Bob Creonte
- 5th – Cindy Kline
- 10th – Ben Mecham
- 13th – Kevin Johnston
- 16th – Miles Bernadette-Peters
- 16th – David Plum
- 20th – Andrea Baerenwald
- 20th – Darin Brown
- 29th – Jason Waterfield

MAY

- 3rd – Paul Cundari
- 8th – Rich Bryant
- 22nd – J.P. Marjollet
- 27th – Vince Grilli

JUNE

- 5th – Ray Kolbus
- 8th – Russ Hughes
- 10th – Isiah Sanchez
- 14th – Stephen Brunelle
- 22nd – Wayne LaFrance
- 26th – Chris DiPrete
- 28th – Peter Geiges
- 29th – Adam O'Connor

Jason Smith in our wood shop, crafting a custom barn door. >

Employee Profile: Jeff Siddell, Foreman

Jeff Siddell started as a carpenter at Cape Associates in 2011 and was recently promoted to Services Foreman. Jeff has worked on some of Cape Associates' largest projects and comments "I enjoy the challenges of each new project, from the uniqueness of each custom home to the immense scale of the commercial work that we do here."

Jeff lives in Harwich with his wife Shannon and their two children, Olivia (9) and Mason (3), and their dog, Kingston. He grew up in Shrewsbury, MA and graduated from UMass Amherst with a degree in Environmental Design. Jeff says he's a proud "washashore" having spent summers on Cape Cod since he was young. When Jeff isn't working on Cape Associates projects or his own



home improvements he and his family enjoy going to the beach, skiing, hiking and spending time with family and friends. He also enjoys woodworking and playing and listening to live music.

Building and Remodeling Trend - Barn Doors

An Emerging Trend Worth a Peek

The barn door has come off of the farm and into homes across Cape Cod! Sliding barn-style doors offer a modern solution for cramped spaces and wide openings alike. When placed on tracks, we've seen these doors enclose bathrooms in place of a swinging door, smaller openings like a nook for a flat screen television above a fireplace, and grand openings to large studio spaces and pool houses. With ever-growing hardware options, these doors can add an industrial look to contemporary space, a rustic feel to a traditional space — and virtually anything in between. Our wood shop can custom build these versatile doors to fit a wide range of spaces and decor, or we can help you reclaim one!



Painting Trend: Paint Life Back Into Your Deck

From the Cape Associates Painting Division

Are you considering a new deck? Take a minute to learn about elastomeric paint first!

The Problem

Your deck looked luxurious and inviting . . . when it was brand new. If the surface of your deck was not maintained, even exotic hardwoods and pressure-treated lumber weather quickly in the harsh New England seasons.

The Fix

Popular for years amongst homeowners and professionals in the southern United States, elastomeric paint is beginning to command wider attention across the country. Because of its superior ability to fill cracks in wood and concrete, provide an even waterproof surface, and withstand extreme weather and temperature changes, elastomeric paints are ideal deck treatment products. (This product will not cure rot, so any affected boards will first need to be replaced.)

Project Scope

The average professional deck restoration using elastomeric resurfacing paint generally falls between \$2,500 and \$3,500. DIYers can buy paint for \$30 to \$50 a gallon, but be sure to read the manufacturer's application instructions. This type of paint should go on thick and therefore each gallon covers less



surface area: 75 to 100 square feet per gallon as opposed to 400 square feet per gallon for sealer or stain. A deck restoration project typically progresses in three steps. First, the deck must be completely power-washed and all old paint removed. Next, all handrails must be sanded and nails set below the deck's surface. Lastly is the application of two coats of elastomeric restoration paint with a brush or roller to all surfaces. Including drying time, a professional can complete this project within 5 days.

Pros and Cons

This product makes your deck safe for bare feet and can prolong its life for several years, but as it is paint, the deck will lose its "natural-wood" appearance. However, the diverse color selections available make it easy to add a striking or subtle accent to your home's exterior.



Steve Zayatz (left), Paint Manager in our Eastham Office adds: "Our paint division has completed many elastomeric paint jobs on pressure treated wood over the past few years. We have re-inspected them and they are holding up very well. This is a perfect option for anybody looking to extend the lifespan of an old pressure-treated deck as opposed to spending considerably more money rebuilding it."

Paul Dunn (right), Paint Manager in our Yarmouthport Office adds: "If you decide to apply this treatment to your deck, follow instructions carefully! Here are some tips:

1. Apply with a brush and roller only, no spray.
2. Has to go on thick, 1 gallon covers 100 sq. ft. **per coat.**
4. Rusty nail heads will bleed through. Setting flush nails is labor intensive and expensive. Use filler prior to applying treatment.
5. Product can be walked on within 24-48 hours. It has to cure for 7 days or more depending on humidity before furniture can be put on it."

EMPLOYEE ANNIVERSARIES

APRIL

- Joe Dalton – 30 years!!
- Zach Rowell – 1 year
- Vince Grilli – 1 year
- Charles Jonas – 8 years
- Kevin Johnston – 12 years
- Chris Berry – 6 years
- Andrei Ciobanu – 1 year
- Debbie Lyman – 3 years
- Lance Stanley – 4 years
- Ryan White – 1 year
- Rich Bryant – 12 years
- Gregg Kamens – 12 years
- Steve Caliri – 24 years

MAY

- Phillip Anderson – 1 year
- Frank Cassisi – 2 years
- Javier Garcia Raya – 6 years
- Tom Krowinski – 1 year
- Jason Smith – 4 years
- Casey Cole – 9 years
- Lindsay Cole – 17 years

JUNE

- Jesse Kinnane – 1 year
- Lance LaLone – 2 years
- Paul Dunn – 5 years
- Andrew Murphy – 12 years
- Tyler Forstmann – 1 year